



(319) 354-4246
225 South Linn Street
Iowa City, IA 52240

Hours
Open Everyday
6:30 AM - 10:00 PM

CONSIDER US FOR ALL YOUR CATERING NEEDS

Specializing in Breads, Baked Goods, Deli Sandwiches, Meats & Cheeses & General Groceries

In-House Coffee Bar & Wine Bar

~BREADS~

Focaccia

Light crumb, crunchy crust topped w/parmesan cheese, Roma tomatoes, caramelized onion & olive oil.

Pain Au Levain

Airy, chewy crumb w/thick, crispy crust; hummer flour, patent flour, whole wheat flour & San Franciscan sour.

Garlic Parmesan

Soft & chewy; made w/fresh garlic & parmesan cheese. It's perfect w/any meal.

San Franciscan Sourdough

Full soft crumb made w/aged sour culture, hummer flour & real wheat bran.

Olive Loaf

Airy crumb w/Kalamata & Green Olives makes this bread perfect to eat on its own.

Onion Walnut

Caramelized onion & chopped walnuts makes for the right amount of crunch & chewiness.

Rosemary

Sourdough based bread w/fresh chopped Rosemary to make it as aromatic as it is edible!

Italian Loaf

Thick crunchy crust w/the lightest crumbs makes this sourdough based bread perfect for dipping.

Baguette

Smaller yet crunchier version of the Italian, the baguette is mostly crust, lending its self well to snacking.

Parisienne / Manor House

Perfect sandwich bread w/crackly crust w/shape & size for toast. Manor House is the same, just 1/3 larger.

Nine Grain Miche

Whole-grain/whole-wheat favorite w/texture & content of healthy snack; barley, oats, flax seed & 6 other grains.

Rustic

Perfect balance of white & wheat breads! Soft, chewy crumb w/healthiness of whole wheat mixed in.

Sesame Semolina

Tastes & smells like it just came out of the oven; olive oil & sesame seeds. It is the softest bread you'll ever eat.

Light Rye

German delight w/caraway seeds & rye flour; perfect for corned beef & sauerkraut.

Pumpernickel Rye

Slightly sweet bread w/molasses to make your mind forget you're eating just bread.

Marble Rye

Two different kinds of Ryes swirled together to make a beautiful loaf of bread that is sometimes too pretty to eat!

~PASTRIES~

Cookies . . . \$1.25	Muffins . . . \$1.59	Biscotti . . . \$1.25	Bars	Croissants . . . \$1.59
Toffee	Blueberry	Coffee	Lemon . . . \$.99	Chocolate
Sugar	Zucchini	Chocolate Nut	Pumpkin . . . \$1.49	Almond
Coconut Macaroons	Banana Chocolate Chip	Almond	Brownies . . . \$1.99	Plain
Snickerdoodle	Apple Cinnamon	Raisin Pecan	Cappuccino	
Peanut Butter	Pumpkin Pecan	Anise	Turtle	Assorted Danish . . . \$1.59
Oatmeal Raisin	Lemon Poppyseed	Chocolate Almond	Chocolate Cherry	
Cheesecakes: "6 Small (serves 4-6) = \$13.99; 9" Large (serves 10-12) = \$29.99				
New York Style: Classic vanilla cheesecake w/a sour cream top			Fresh Fruit: Orange flavored cheesecake topped w/seasonal fruit	
Turtle: Vanilla, chocolate, caramel, pecans w/chocolate macademia			Marble: White & dark chocolate marbled together w/tasty chocolate	

nut crust	crust
Seasonal Cheesecake: No matter the season, we have a special cheesecake just for you!	
Specialty Desserts: "6 Small (serves 4-6) = \$14.99; 9" Large (serves 10-12) = \$29.99	
Chocolate Mousse Torte: Layers of chocolate chiffon cake & rich chocolate mousse finished w/dark chocolate ganache	White Chocolate Mousse Torte: Layers of vanilla chiffon w/ white chocolate mousse finished w/white chocolate ganache
Strawberry Mousse Tort: Layers of vanilla chiffon cake w/strawberry mousse finished w/sweetened whipped cream	Turtle Torte: Layers of chocolate chiffon cake w/chocolate mousse, caramel & pecans finished w/milk chocolate ganache
Chocolate Decadence: A rich velvety flourless chocolate torte garnished w/milk chocolate ganache	Chocolate Raspberry Torte: Chocolate & white chiffon cake w/layers of chocolate & white chocolate raspberry mousse w/dark chocolate ganache finish
Tiramisu: Layers of lady fingers cake soaked in espresso & marsala wine w/creamy mascarpone filling	Carrot Cake: A traditional carrot cake w/a cream cheese icing, contains nuts
Sheet Cakes	
¼ Sheetcake.....\$35	½ Sheetcake.....\$65
¾ Sheetcake.....\$95	Full Sheetcake.....\$130

~DELI~

Deli Sandwiches . . . \$6.99

The Vegetarian

Zucchini, yellow squash, sweet roasted peppers, eggplant, Bening's Goat cheese, roasted roma tomatoes, radish sprouts & basil pesto on Olive Bread.

Chicken BLT on Focaccia

Roasted chicken breast, bacon, roma tomato, lettuce & mayonnaise on our famous Focaccia.

Carolina Turkey Sandwich

Carolina Turkey breast, roma tomato, sprouts, garlic aioli & Swiss on Pain Au Levain.

Roast Beef Sandwich

Tender roast beef, provolone, caramelized onion, roasted peppers, pepperoncini, tomoato & garlic aioli on Sourdough.

Grilled Chicken Walnut Salad

Grilled chicken breast made w/celery, onion, walnuts, mustard & mayonnaise served on Miche.

Smoked Turkey on Focaccia

Smoked Turkey, smoked Gouda, caramelized onion, roasted sweet peppers, pepperoncini, tomato & roma mayonnaise on Focaccia.

Corned Beef Sandwich

Corned beef, sauerkraut & Baby Swiss on Rye. Served w/1000 Island.

Tuna Salad

Albacore tuna w/celery, minced onion, pepperoncini, Dijon mustard & mayonnaise on Caramelized Onion- Walnut Bread.

Egg Salad Sandwich

Classic egg salad w/sprouts & cucumber on Pain Au Levain.

Hummus Sandwich

Savory hummus made w/chick peas, sesame tahini & garlic w/cucumber, pepperoncini, zucchini, squash, eggplant, roma tomatoes & roasted bell peppers on Sesame Semolina.

Specialty Sandwiches . . . \$8.99/lb

Choose from our selection of fresh baked breads, Boar's Head meats & cheeses, and our variety of condiments & spreads to create your own sandwiches.

Fresh Baked Breads: Pan Au Levain, Sourdough, Sesame Semolina, Olive Loaf, Nine Grain Miche, Focaccia, Onion Walnut, Italian, Rye

Spreads: Mayo, Light Mayo, Cajun Mayo, Yellow Mustard, Honey Dijon Mustard, Sweet BBQ Sauce, Garlic Mayo, Roma Mayo, Sun dried tomato, Pesto Mayo, Horseradish, Stone Ground Mustard, Pesto, Hot BBQ Sauce

Condiments: Roasted Red Peppers, Roma Tomatoes, Pepperoncini, Caramelized Onion, Lettuce, Zucchini, Eggplant, Cucumber, Tomato, Squash, Sauerkraut, Avocado

Premium Meats					
Brand	\$/lb	Brand	\$/lb	Brand	\$/lb
Oven Gold Turkey	7.29	Beef Pastrami	7.89	Tavern Ham	7.29
Honey Maple Turkey	7.79	Canadian Bacon	9.19	Hot Butt Cappy	6.69
Pastrami Turkey	7.49	Bologna	4.49	Prosciutto	10.39
Salsalito Turkey	7.49	Liverwurst	4.49	Genoa Salami	7.39
Black Forest Turkey	7.49	Olive Loaf	4.49	Hard Salami	7.19
Classic Oven Roasted Chicken	7.49	Deluxe Branded Ham	7.29	Pepperoni	5.69
Blazin' Buffalo Chicken	7.49	Low Sodium Ham	7.29	Sopressata Calabrese	10.99

Seasoned Roast Beef	8.79	Black Forest Ham	7.29	Hot Dry Capocalla	11.59
Corned Beef	7.89	Honey Maple Ham	7.29	Mortadella w/pistachio	5.29
Premium Cheeses					
Brand	\$/lb	Brand	\$/lb	Brand	\$/lb
Sharp Provolone	6.69	Baby Swiss	7.29	Horseradish Cheddar	6.79
Mild & Creamy Asiago	6.69	Imported Swiss	7.89	Yellow American	5.49
Jalapeno Jack	6.19	Vermont Cheddar- yellow	6.99	Muenster	5.69
Fontina	7.99	Vermont Cheddar- white	6.99	Marble Colby Jack	5.79

Specialties					
Deli Sandwiches		Rotisserie		Little Extras	Each
Deluxe Branded Ham: Vermont Yellow Cheddar Cheese on Rye		Whole Chicken, each		A Yummy cookie	1.25
Roast Beef: Horseradish Cheddar on Pain Au Levain		Rack of Ribs, per rack		A Sinful Brownie	1.99
Reuben: Corned Beef, Sauerkraut, Swiss Cheese, 1000 Island on Rye				Whole Kosher Dill Pickle	1.00
Pastrami: Baby Swiss Cheese on Sesame Semonlina				Half Kosher Dill Pickle	.50

~COFFEE BAR~

The ONLY Coffee Bar in the Iowa City area to exclusively sell Shade Grown, Organic Coffee!

Cold Drinks				Brewed Coffee				Extras	
Description	Tall \$	Grande \$	Venti \$	Description	Tall \$	Grande \$	Venti \$	Made With	\$
Italian Soda: Club Soda, Half & Half w/Choice of Flavor	1.89	2.39	2.89	Market Blend: Our Smooth & Delicious House Blend	1.29	1.59	1.89	Extra Shot of Espresso (Only for Espresso Based Drinks)	.50
Phosphate: Club Soda w/Choice of Flavor	1.49	1.99	2.49	Market Dark: Our Bold & Full House Blend Dark	1.29	1.59	1.89	Extra Shot of Flavor	.50
Iced Tea: Fresh-Brewed Apricot Blend Black Tea	1.49	1.99	2.49	Flavored Coffee: Check w/Cashier	1.29	1.59	1.89	Soy Milk	.50
Lemonade: Fresh-Squeezed like Grandma made	1.49	1.99	2.49	Market Decaf: So smooth you'll hardly know it's decaf	1.29	1.59	1.89	Organic Milk	.50
Arnold Palmer: A Blend of Iced Tea & Lemonade	1.49	1.99	2.49	32 oz French Press Coffee: Coffee made the best way. Great to share w/a friend... or two! \$3.79				Half & Half	.50

Decadent Delights!

Description	Tall \$	Grande \$	Venti \$	Description	Tall \$	Grande \$	Venti \$
Almond Joy: Almond & Coconut Mocha	3.29	3.89	4.49	Cardiac Caramel: Ghirardelli White Chocolate & Caramel	3.49	4.09	4.69
Crème Caramel: Caramel Latte	2.79	3.39	3.99	EKG Flatliner: White Chocolate Latte w/Extra Espresso	3.49	4.09	4.69
Heart Murmur: White Chocolate & Hazelnut in a Breve	3.49	4.09	4.69	Hot Buttered Rum: Butterscotch & Rum Latte	3.29	3.89	4.49
Kahlua Mocha: Coffee Royale Mocha	3.29	3.89	4.49	Mega Mocha: Mocha w/extra Espresso & Chocolate	3.69	4.29	4.89
Milky Way: Caramel Mocha	3.29	3.89	4.49	Mint Mocha: Peppermint Mocha	3.29	3.89	4.49
Mocha: Chocolate Latte	2.79	3.39	3.99	Snickers: Caramel & Hazelnut Mocha	3.29	3.89	4.49
Snickers Blanco: White Mocha w/Caramel & Hazelnut	3.49	4.09	4.69	White Cow: Latte w/Vanilla & Chocolate Syrups	3.29	3.89	4.49
White Chocolate Therapy: Latte made w/Ghirardelli White Chocolate	2.99	3.59	4.19				

The Basics

Description	Tall \$	Grande \$	Venti \$	Description	Tall \$	Grande \$	Venti \$
Cappuccino: Espresso w/Foamed & Steamed Milk	2.29	2.89	3.49	Latte: Espresso w/Steamed Milk & Foam	2.29	2.89	3.49
Americano: Espresso & Hot Water	1.99	2.49	2.99	Shot in the Dark: Dark-Roasted Coffee w/Esspresso added	2.29	2.79	3.29
Espresso: The Coffee Purists' Delight				Double...\$1.29	Triple...\$1.79		

Other Hot Drinks

Description	Tall \$	Grande \$	Venti \$	Description	Tall \$	Grande \$	Venti \$
Café au Lait: Brewed Coffee & Steamed Milk	2.29	2.69	3.09	Hot Chocolate: Milk Chocolate & Steamed Milk	1.79	2.19	2.59
Chai: A Creamy Blend of Black Tea & Spices	2.99	3.49	3.99	Moo: Steamed Milk w/Choice of Flavor	1.79	2.19	2.59
Hot Tea: Two Leaves & a Bud Loose Leaf Tea. Check w/Cashier for Selection			1.49	Little Hawk Hot Chocolate: Hot Chocolate w/a Splash of Caramel			1.29
Kiddie Hot Chocolate: Creamy & Delicious			.99	Kiddie Moo: Steamed Milk w/Choice of Flavor			.99

~MEATS~

Seafood	Chicken	Pork	Beef	Veal / Lamb
Shrimp	Gold 'n Plump Wingettes & Drummettes	Boneless Pork Chop	85/15 Lean Ground Beef	Veal Loin Chop
Mussels	Chicken Drumstick	Niman Iowa Chop	Top Sirloin Tips	Frenched Lamb Rack
Salmon	Chicken Leg Quarter	Iowa Chop	Ribeye	
Tilapia	Whole Chicken	Boneless Country Style Rib	New York Strip	
Tuna	Chicken Breast		Beef Tenderloin	
Swordfish	Bone in Chicken Breast		Round Steak	
Halibut			Top Sirloin	
Catfish			Prime Chuck Roast	
Crab			Flank Steak	
			Porterhouse	

~WINE~

Wines

The Market features one of the best wine selections in town. From international wine to red wines to white wines, the Market has them all, including:

Chardonnay, Zinfandel, Riesling, Pinot Grigio, Sauvignon Blanc, Merlot, Pinot Noir, Cabernet, Shiraz/Syrah, Dessert Wines, Port & Sherry & Wines from: Iowa, Rhone Valley, Spain, Italy, Argentina, Chile

Walk-In Fridge

The Market also features a large & very diverse Walk-In Fridge. With a wide selection of beers, our fridge makes the Market the place to come for all of your alcohol needs.

Wine Bar

Unique to Iowa City, the Market also features a Wine Bar where all of its patrons may go to sit & enjoy some of the finest wines in the Iowa City areas. The Market features an on-site liquor license, which allows for all customers of the store to drink alcohol on the premises.

~GROCERIES~

Groceries

- No longer do you have to leave the downtown area for your groceries
- Has all of your organic & non-organic grocery needs
- From Ketchup to Gatorade the market has everything you could hope to find at your local grocery store
- Seven aisles full of all of your household grocery necessities

- The Market is your one stop for all of your daily needs

Produce

- Within the Grocery section of the Market is the finest Produce section in town
- This section features all of your favorite fruits & veggies
- All kinds of produce, both organic & non-organic, both tropical & local
- You are sure to find your favorite fruit or vegetable in our wonderful produce section.